



NEWS RELEASE

For Immediate Release

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OGC VOLUNTEER DAY AND VOLUNTEER ACTIVITIES

VICTORIA – To celebrate October’s designation as national Health and Wellness month, the BC Oil and Gas Commission (Commission) has selected October 13th, 2009 as Volunteer day, announced CEO and Commissioner Alex Ferguson.

“The Commission Health and Wellness programs implemented over the past couple of years have proven to be incredibly popular with employees,” he said, “We would like to extend this enthusiasm past the individual and encourage employees to consider and implement activities that benefit the community as a whole”.

Commission employees have been given leave to volunteer at either Habitat for Humanity or Our Place Society. The Commission will be working on the Flex-Plex for Habitat for Humanity, the ambitious and award winning multi-unit complex currently set for a 2009 completion. At Our Place, employees will be assisting with a multitude of tasks including preparing food, serving meals and distributing clothing and blankets.

“As a corporate citizen, the Commission believes that each of its employees' proactive contributions to society foster positivity and teamwork in the organization,” Ferguson continued, “There is no better way to give back to our community and the province than by taking a day to participate in a volunteer activity.”

The BC Oil and Gas Commission is an independent, single-window regulator of oil and gas activities in the Province of British Columbia. The Commission has regulatory responsibility for industry activity from the exploration and development phases, through to facilities operation and decommissioning. Among its more specific objectives are public safety, conservation of petroleum resources, fostering a healthy environment, and equitable participation in production.

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